



360 Wythe Creek Road, Suite C  
Poquoson, VA 23662  
(757)868-0072

www.bettyeastman.com  
info@bettyeastman.com

Patient's Name: \_\_\_\_\_ Email address \_\_\_\_\_

May we add you to our mailing list Yes \_\_\_\_\_ No \_\_\_\_\_?

Responsible Person if Patient is a minor \_\_\_\_\_

Address \_\_\_\_\_  
Street Address City State Zip

Phone Numbers:

Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

Patient Date of Birth: \_\_\_\_\_ Patient Marital/Relationship Status: \_\_\_\_\_ Education: \_\_\_\_\_

Social Security Number \_\_\_\_\_ Employer/Occupation \_\_\_\_\_

Emergency Contact: Name: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_ Phone Number: \_\_\_\_\_

**If there is additional Contact Information that we should be aware of, such as, Co-Parent, Foster Parent, Guardian, Case Manager, etc. - please list on the back of this page. Please attach all legal custodial documents, adoption etc.**

Primary Care Physician \_\_\_\_\_ Allergies \_\_\_\_\_

Primary Insurance Co \_\_\_\_\_ Secondary insurance \_\_\_\_\_

Insured's name \_\_\_\_\_ Insured's name \_\_\_\_\_

Insured's Date of Birth \_\_\_\_\_ Insured's Date of Birth \_\_\_\_\_

Insured I.D. # \_\_\_\_\_ Insured I.D. # \_\_\_\_\_

**Service Agreement**

Individual and family sessions last 45 minutes. Please be ready to begin at the time scheduled. There is a 24-hour cancellation policy. **You will be charged \$50 for missed appointments and cancellations with less than a 24 hour notice.**

Except for extreme situations (usually criminal or legal), what you share in your sessions is confidential. You must sign a release of information form in order for me (Betty Eastman) to consult with relatives, employers, or other contacts.

The Initial Assessment (first session) is \$150.00. The Fee for a 45-minute psychotherapy session is \$124.00. Group therapy is \$50.00 for one hour to one and a half-hour session. All fees are unless otherwise agreed. Full payment is expected at the time of service unless you have insurance for which we are approved providers. In most cases, your co-payment is all that will be required at the time of the session. A claim for services rendered will be sent to your insurance company if we are a participating/In-Network provider with that company. If we do not participate with your insurance company, you are responsible for paying the full fee for services rendered unless otherwise arranged. We will provide you with documentation of services and payments that you can submit to your insurance company for reimbursement. Clients are responsible to resolve any problems that may arise with insurance carriers. Ultimately, you are responsible for any charges not covered by your insurance and/or charges denied by your insurance for any reason.

Payment is due at the time of your appointment. Interest will be imposed on all past due accounts. An interest rate of 1.75% per month (21% APR) will be charged. Rates are subject to change without notice. If you fail to pay you account in a reasonable time, you will be responsible for any additional charges that are accrued for collections, including agency fees, interest, and fees for legal action, and or court fees. Any returned checks will be subject to a \$50.00 returned check charge.

Your signature provides consent for treatment, indicates agreement with the above terms, authorizes to furnish information to health care plans that is necessary to process your claims and authorizes assignment of benefits for payment directly to Betty Eastman, LCSW and Associates, Inc.

I have read the foregoing and agree to the terms set forth above.

Patient or Responsible Party's Signature \_\_\_\_\_ Date \_\_\_\_\_

Betty Eastman, LCSW and Associates, Inc.

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757-868-0072

757-868-0087 fax

TREATMENT CONSENT FORM

I, \_\_\_\_\_, for \_\_\_\_\_, do voluntarily
(Patient or Responsible Party) (Patient if a minor)

consent to care and treatment by Betty Eastman, LCSW and Associates, Inc., their assistants, or designees. I am aware that the practice of clinical social work is not an exact science and I acknowledge that no guarantees have been made as to the results of evaluation or treatment.

I am aware that I am an active participant in this endeavor and I share the responsibility for the treatment process, including goal setting and termination.

This form has been read by me and I certify that I understand its contents.

Person agreeing to treatment/Patient Date
Parent/Guardian Date
Witness Date

Release for Coordination with Primary Care Physician:

For the purpose of coordinating care, my mental health provider may wish to release pertinent information about my current treatment to my primary care physician. This release shall be valid until sixty (60) days after my last date of treatment or until the time I revoke this release, which can be done at any time.

(Check one) I do ( ) I do NOT ( ) give my permission to Betty Eastman, LCSW and Associates, Inc. to release information about my current treatment to my primary care physician.

I have read the above, and marked my decision.

Patient (Guardian) Signature Date
Signature of Witness Date

Patient Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Sex \_\_\_\_\_

**People Who Live with You**

Name	Age/Birth date	Relationship	Occupation

Briefly describe your reason for seeking help:  
\_\_\_\_\_  
\_\_\_\_\_

Who referred you? \_\_\_\_\_

When were you last examined by a physician? \_\_\_\_\_

Primary Care Doctors Name/ Phone \_\_\_\_\_

Current Medications and dosages \_\_\_\_\_

Any major health Problems for which you currently receive treatment  
\_\_\_\_\_

Have you ever received psychiatric, psychological help, or counseling of any kind before? \_\_\_\_\_

If yes, please explain \_\_\_\_\_

Please Circle any of the following problems that pertain to you:

- |                |                  |                |                      |
|----------------|------------------|----------------|----------------------|
| Nervous        | Temper/ Violence | PMS            | Unhappiness          |
| Shyness        | Children         | Tiredness      | Inferiority Feelings |
| Separation     | Bowel Troubles   | Ambition       | Work                 |
| Drug use       | Depression       | Career Choices | Headaches            |
| Anger          | Sexual Problems  | Nightmares     | Making Decisions     |
| Sleep          | Divorce          | Appetite       | Concentration        |
| Relaxation     | Alcohol Use      | Being a Parent | Health Problems      |
| Legal matters  | Self-Control     | Fears          | Marriage             |
| Energy         | Stress           | Pain           | Suicidal Thoughts    |
| Loneliness     | Sexual Assault   | Guilt          | My Thoughts          |
| Boredom        | Gambling         | Parents        | Stomach Trouble      |
| Bad Luck       | Memory           | School         | Low sexual desire    |
| Shifting Moods | Friends          | Death /Grief   | Relationships        |
| Weight         | Panic            | Smoking        | Anxiety              |
| Education      | Eating Disorder  | Finances       | Childhood memories   |

Other \_\_\_\_\_  
\_\_\_\_\_

# HIPAA Record of Release of Personal Health Information

Please list any family member with whom we may discuss your or your child's appointment dates.

Please Print.

## Patient Information:

\_\_\_\_\_  
First Name                      Last Name                      Date of Birth

## Family Member(s)

\_\_\_\_\_  
First Name                      Last Name                      Relation to Client

\_\_\_\_\_  
First Name                      Last Name                      Relation to Client

\_\_\_\_\_  
First Name                      Last Name                      Relation to Client

\_\_\_\_\_  
Patient / Responsible Party Signature                      Date

### For office use

Date	To Whom	Reason



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Dept\HIPAA\Privacy Receipt Form

[www.bettyeastman.com](http://www.bettyeastman.com)  
[info@bettyeastman.com](mailto:info@bettyeastman.com)

**Notice of Privacy Practices  
Acknowledgement of Receipt Form**

**Your signature below indicates that you have been offered a copy  
Notice of Privacy Practices.**

**I have been offered the Notice of Privacy Practices.**

\_\_\_\_\_  
Patient Signature Date

\_\_\_\_\_  
Print Patient Name Date of Birth

\_\_\_\_\_  
Responsible Party Signature (If Patient is a minor) Date

Staff Signature: \_\_\_\_\_  
Date

